The Canadian Nurse

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The Editors will always be glad to receive MSS. These should be written on one side of the paper only. A margin should be left, and the number of words indicated on each page. Articles accepted will be paid for on publication.

Vol. II. TORONTO, JUNE, 1906. No. 2

Editorial.

THE GREAT DISASTER AT SAN FRANCISCO.

Perhaps the greatest disaster of modern times was that which overwhelmed the fair city of San Francisco. In forty-eight seconds the labor of centuries fell in ruins, and fire quickly following completed the horror of the scene. In those terrible days nurses and doctors met death bravely, remaining at their posts in hospitals, asylums and elsewhere. We do not yet know—perhaps we never shall—the fate of many; but in common with the whole Canadian people and, indeed, with the whole world, The Canadian Nurse would express its sorrow and sympathy with the city and the people on whom so heavy a calamity has fallen.

THE ONTARIO GRADUATE NURSES' ASSOCIATION.

Elsewhere in the present issue is to be found a full report of the proceedings of the Ontario Graduate Nurses' Association at their recent annual meeting. The meeting was lengthy and important, and we understand that it is quite possible that two sessions, instead of one, will be devoted in future to the business of the Association. Organization, always a difficult matter, is progressing, and the future of the Association, it is felt, offers bright and encouraging prospects.

THE MANITOBA ASSOCIATION OF GRADUATE NURSES.

Great congratulations to our Manitoba sisters on the formation of their Association and the success of their first Annual Meeting. They have now completed their organization, and have a Committee on Legislation appointed to draft a Bill for Registration. All success attend the new Association. An account of the meeting will be found elsewhere.

THE ONTARIO BILL WITHDRAWN.

Our readers will find elsewhere the official statement from the Executive of the Ontario Graduate Nurses' Association in regard to the withdrawal of the amended Bill.

It is, we think, self-evident that the affairs of a Nurses' Association should be managed by nurses. It is equally true that in order to protect the public and the profession, a register of nurses who have been properly trained should be available. Finally, the standard of such training should be acceptable to the profession, and worthy of it.

Great difficulties arising from political and other considerations, surrounded the Bill, and complicated the question of its withdrawal. Those who were present at all stages of its progress saw these difficulties best, and felt them most. Even practised parliamentarians held divergent views as to the effect of the amendments, many of which were designed to aid the objects which the nurses had in view. We are not discouraged. Ere many years, a better Bill will rise, phœnix-like, from the ashes of the Bill of 1906.

A MEMORABLE ANNUAL MEETING.

The twelth annual meeting of the American Society of Superintendents of Training Schools for Nurses, held at the Academy of Medicine, New York, April 25-27, was a great success. From the moment of the invocation by the pastor of Madison Square Presby-

terian Church to the motion for adjournment the interest never flagged, and the only difficulty was to make the most of the varied and helpful programme. The address of welcome was by the Hon. Seth Low, and among the most important papers were those on "Furnishing and Equipment," by Miss Wheeler and Miss Shaw; "Economy in Surgical Supplies and Operating Room Technique," by Miss Macdonald and Miss Jammé; and "The Affiliation of Training Schools," by Miss Macmillan.

Several delightful receptions were given, and the exhibit at the Nurses' Settlement, 265 Henry Street, to show what can be done in the poorest home to find or make contrivances needed in district nursing, "The Gospel of Dishpan and Chair," was indeed a revelation, and of absorbing interest. The President, Miss Goodrich, of New York Hospital, and all the officers, are much to be congratulated on the meeting. Among other interesting announcements made at the meeting was that of the appointment of Miss Nutting, of the Johns Hopkins Hospital, to the Chair of Administration in connection with the Hospital Economics course at Columbia University.

SUMMER SCHOOL OF COLUMBIA UNIVERSITY

The Summer School of Columbia University, New York City, includes each year three departments which would be of great benefit to any nurse who could arrange to attend any or all of the courses of lectures. There would be a chance to see much of the resources of New York at the same time. The catalogue will be sent on application.

The Session opens on Thursday, July 5, 1906, and continues until Thursday, August 16.

The total expense of the Summer Session, including tuition fee, but excluding railroad fare, may readily be kept below $95.

A University residence located at 1230 Amsterdam Avenue, between 120th and 121st Streets, will be open for the accommodation of the women students of the Summer Session, and a special rate of $50 is made for the students of the Summer Session, from dinner on Wednesday, July 4, to breakfast on Friday, August 17, inclusive.

INTERNATIONAL REGISTRATION.

It will be remembered by some of our readers that in the neighboring State of New York it is required by the New York State Education Department that before nurses can be registered (R.N.) they must be trained at a registered hospital training school. The following Canadian hospitals have applied for and received registration in the State of New York:

Brockville General Hospital, Cornwall General Hospital, Galt Hospital, Grace Hospital, Toronto; Guelph General Hospital, Hospital for Sick Children, Toronto; Jeffrey Hale Hospital, Quebec;

Kingston General Hospital, Lady Stanley Institute, Protestant General Hospital, Ottawa; Montreal General Hospital, Riverdale Isolation Hospital, Toronto; Royal Victoria Hospital, Montreal; St. Michael's Hospital, Toronto; Stratford General Hospital, Toronto General Hospital, Victoria Hospital, London; Woodstock General Hospital.

Hospitals so registered must renew their registration from year to year, and must, under the New York law, be inspected by a member of the Board of Examiners. The recent visit to Canada of Miss Sophia F. Palmer, member of the Nurses' Board of Examiners for New York State, was for this purpose. Much may be said in favor of this system of registration, but we hope that when nursing legislation is farther advanced there may be established a system of international registration, the inspection and registration of hospital training schools in one country being accepted in another.

REGISTRATION IN GREAT BRITAIN.

On the 8th of March last, just one week after our own Bill was introduced into the Ontario Legislature by Mr. Crawford, our sisters in Great Britain, as we learn from the *British Journal of Nursing* and the *British Medical Journal*, had an audience before the Right Hon. the Earl of Crewe, Lord President of the Privy Council. Those present were: Mr. H. J. Tennant, M.P.; Viscount Morpeth, M.P.; Sir John Dickson Poynder, M.P.; Mr. Munro Ferguson, M.P.; Mr. Charles Hobhouse, M.P.; Sir John Crichton Browne, Dr. Bedford Fenwick, Dr. H. Langley Browne, Lady Helen Munro Ferguson, Mrs. Garrett Fawcett, LL.D.; Miss E. S. Haldane, Chairman Scottish Registration Committee; Mrs. Bedford Fenwick, Hon. President International Council of Nurses; Miss S. E. Hampson, President Irish Nurses' Association; Miss Peter, late General Superintendent Queen Victoria's Jubilee Institute for Nurses; Miss H. C. Pearse, Matron Great Northern Hospital; Miss Mollett, Matron Royal South Hants Hospital, Southampton; Miss Barton, Matron Chelsea Infirmary; Miss C. Forest, Matron Victoria Nurses' Institute, Bournemouth; and Miss M. Breay, Hon. Sec. Matrons' Council.

The speakers were Mr. Tennant, Sir James Crichton Browne, Dr. Langley Browne, Mrs. Garrett Fawcett, Miss Mollett, Mr. Hobhouse, Lady Helen Munro Ferguson, Dr. Bedford Fenwick and Miss Hampson. Their arguments were overwhelming, and the Lord President gave them close attention and keen interest. In reply to the question as to whether the Government would bring in legislation for the State registration of nurses, Lord Crewe said that he could not promise, with the Government's crowded legislative programme, they would do so during the present session. However, he agreed that Parliament must soon take up this question, a question of national importance, and suggested that a Bill should be introduced into the House of Lords; "in which case it would secure the benevolent attention of the Government." So far,

so good, and we hope to hear soon of a Bill in the House of Lords. Meantime, it is inspiring to watch with what ability and courage the leaders of our profession in Great Britain fight on. In spite of faint friends and forward enemies, wolves in sheep's clothing and wolves not in sheep's clothing, the good work goes on and is sure of success in the end.

Editorial Notes.

Your Own Journal.—There is no middle course in regard to your journal. You are either actively interested or you are not interested at all! You will all be proud of it when it reaches the standard at which it aims; but you will be infinitely prouder of it if you have yourself help it to reach that standard. We still need three hundred new subscribers. Will you not send us three?

Demonstrations for Medical Students.—The Ward Sisters of the London Hospital now give special practical demonstrations on Medical and Surgical Nursing, for the medical students, twice a week.

New Methods at Guy's Hospital.—We learn from *The Nursing Times* that four new methods are being tried at Guy's. Two of these are in the Light Department—the Leslie-Miller ultra-violet light, which is very successful in lupus, and the Localisateur du Dr. Belot, a wonderful new treatment for ringworm, by which in about three weeks after the treatment all the hair comes off, and the place is cured, fresh hair growing in the course of a few months. Vibrator massage is also being tried for lupus. The new hot-air bath, manufactured by K. Schall, is also a new feature. It is shaped like a cupboard with a hole in the lid to allow the head to protrude. Ths cupboard is lined with white porcelain, and contains forty lights of sixteen candle-power each. The maximum heat used is 120, and the patient sits in a chair inside for twenty minutes or so, according to needs of the case, and has a warm bath directly afterwards. The treatment is being tried for all kinds of rheumatism, principally, of course, for rheumatoid arthritis.

The Royal Red Cross for a Nurse.—His Majesty the King has been pleased to confer the decoration of the Royal Red Cross upon Mrs. Eleanor Mary Hatch, in recognition of her services in nursing and caring for persons injured in the disastrous earthquake at Dharmsala in April, 1905. The Order of the Royal Red Cross was founded in 1883 by Queen Victoria, for women who had shown zeal and devotion in nursing sick and wounded sailors and soldiers. There are only two other British Orders for women—The Imperial Order of the Crown of India (C.I.), instituted by Queen Victoria in 1878; and the Royal Order of Victoria and Albert (V.A.), founded by Queen Victoria in 1862 to commemorate the Prince Consort. This decoration is usually awarded for personal service at Court, first and second classes reserved for royal ladies, the third for peeresses, and the fourth for peeresses and other ladies. Two other Orders are open to men and women. The Imperial Service Order, founded by King Edward in 1902, and the Order of St. John of Jerusalem, "for services in the cause of humanity."

Guild of St. Barnabas for Nurses.—Miss Mary Browne, a sister of Miss Sidney Browne, formerly Matron-in-Chief at the War Office, has been appointed Assistant Secretary. Her address is at the office of the Guild, Church House, Great Smith Street, S.W., London, England. Miss C. J. Wood is at home to members of the Guild every Thursday from 3 to 7 p.m., at the Nurses' Hostel, Francis Street, W.C.; and Mrs. Gardner on Saturdays at 17 Bloomfield Terrace, Pimlico, S.W. Some of our Canadian members across the sea will doubtless be interested in the above announcement.

Signora Mario.—At the age of seventy-four, Signora White Mario, the famous lady who was chief nurse on the medical staff of Garibaldi, died in the beginning of this year. After peace was declared, she worked for many years among the lapsed masses in Italy.

The Catholic Nurses' Guild.—Our readers will be interested to know of the existence and progress of the Catholic Nurses' Guild. The Sister Superior, Convent of the Visitation, Harrow-on-the-Hill, England, will give information in regard to the Guild.

The Teresians.—A society has been founded among the Johns Hopkins nurses to study the history of nursing. Those of our readers who have read Dr. Osler's "Science and Immortality," will not need to be told the origin of the name, nor its allusion to S. Teresa. Miss Nutting had the honor of suggesting the name. The society intends to meet fortnightly, to aid in the building up of the historical library of the Training School, and to publish from time to time papers of especial interest and value on this subject. The first meeting, at which Dr. Florence Sabin delivered an inspiring address, seems to have been a delightful one. The following subjects are to be studied: Deaconesses; Sisterhoods, Foreign, American; St. Vincent de Paul; Little Sisters of the Poor; the Beguines; Early Hospitals, Hotel Dieu, St. Bartholomew's, Ospedale Maggiore; Knights of St John of Jerusalem, Knights of Malta; the Red Cross—Geneva Convention, the Red Cross in America; Kaiserwerth, John Howard, Elizabeth Fry; Florence Nightingale—(1) her early life and general education, (2) her training at Kaiserwerth and elsewhere, (3) her work in the Crimea, (4) what followed—her later life.

The Anglo-American Nursing Home in Rome held its seventh annual meeting on February 20th, at the British Consulate. The Home is about to be enlarged.

The Hospital Question in Montreal.—An interesting discussion has recently been carried on in the Montreal press in regard to the proposed amalgamation of the Montreal General Hospital and the Western (General) Hospital. It is understood, however, that no change of this kind is now likely to take place.

The Uniform.—In the police court at Auckland, New Zealand, one of the prisoners, a woman, charged with theft, appeared in a nurses' uniform. She was convicted of the offence charged against her. In the newspapers next day a statement appeared from Mrs. Neill, Assistant Registrar of Nurses in New Zealand, explaining that this woman was not a registered nurse, thus protecting the profession from the injury that it would otherwise have sustained. Lord Crewe, the Lord President of the Privy Council of Great Britain, said recently that a nurses' uniform carries with it "a prestige only enjoyed in the case of the inferior sex by His Majesty's navy," and it is important that its honor should be upheld.

Nurses' Hours.—Mr. Barnes, M.P. for Glasgow, brought up the question of nurses' hours in Glasgow under the Parish Council. The Secretary for Scotland, on being asked if he were aware that the nurses' hours were increased to seventy-one per week, their salaries decreased at the same time, replied that the Government had no power to interfere. It is felt, however, that Mr. Barnes' question will do good.

Queen Alexandra's Imperial Military Nursing Service.—Miss Sidney Browne, R.R.C., the Matron-in-Chief of Q.A.I.M.N.S., has been the recipient of many and great honors on the occasion of her retirement from her position (at the age of 55 years, by military regulation). She was entertained at a farewell dinner by the R.A.M. staff of the War Office, and at an At Home on April 21st, by the new Matron-in-Chief, Miss Keer, R.R.C., and the members of the Q.A.I.M.N.S. But a still greater honor was in store for her. She was commanded by the Queen to Buckingham Palace, where she was received privately by Her Majesty, who entered into a long conversation with her, and expressed, with the utmost graciousness and charm, her interest in the work of the Q.A.I.M.N.S. Miss Keer, the new Matron-in-Chief, has many friends in Toronto and St. Catharines, where she resided with her father, Major-General Keer, of the Bengal Staff Corps (retired). Before the family returned to England, Miss Keer, who is a graduate of the Boston City Hospital, entered the Army Nursing Service (in 1887). She has since been stationed in Egypt, England (1894-99), South Africa, during the war (and for her work during the campaign she was awarded the two South African medals and the Royal Red Cross). After a brief stay in England she was sent again to South Africa in 1903 as Principal Matron, where she has done a great work. Miss Keer was born in India, educated in England, and has worked all over the world. She possesses in a rare degree, tact, skill, and the power of leadership; and above all, faithfulness. *O si sic omnes.* God bless her and her work for the Empire.

A Noble Example.—The Business Manager reported at a recent meeting of the Publication Committee that the Alumnæ Association of Galt Hospital, had sent a sum of money as a gift to THE CANADIAN NURSE. It was a kind and thoughtful act, and the genuine interest that it shows was inspiring to the Publication Committee.

The Detroit Meeting.—We beg to ask our readers' special attention to the kind invitation of the Detroit Nurses' Association. Miss Barwick (J.H.H.) is to attend as a representative of the J. H. H. Alumnæ, and we hope others will be able to avail themselves of this opportunity.

The Central Registry has now 194 members, and a name that is beginning to be known not only in Toronto, but also in the neighboring towns of Ontario. There are often those who greatly need a nurse, and yet cannot afford to pay the rates asked by "The Graduate Nurse." The Registrar then asks a nurse who is low down on the list, if she will take the case for whatever remuneration the doctor assures her can be paid. Those nurses above her go out on duty, so by the time this case is over she will be at the top, or near it, for a full rate case; or if in the interim she should receive a "special case," she is relieved, if possible, so that she can accept it. This is not an obligatory rule; every nurse being asked if she is really willing to assist in the good work, and in every instance there has been a hearty and warm assent. Financially, the Registry is not as flourishing as it will be later; it has weathered the storm for the first year, so the time is not far distant when there will be our own office and reading-room for the comfort and needs of our nurses. There are still quite a number of well-known graduates whom we cannot yet claim; and these we need, for every nurse joining means an increase of work, and additional life to the Registry; so before the close of our second birthday, we will hope to have every graduate in Toronto on our membership card.

Change of Address.—Members of the O.G.N.A. will please notify Miss Mathieson, Riverdale Hospital, Toronto, of any change of address.

To Our Subscribers.—Do, *please*, send the Business Manager, Miss Christie, a post card whenever you change your post-office address, giving both old and new address. We received a wrathful letter from a lady deprived of her Canadian Nurse (no wonder she was angry at *that!*), accusing us of not sending it. Trembling and astonished, we looked up our mailing list. *The lady forgot to tell us that she had moved.*

Special Notice.—It is particularly requested that all copy for the September issue be sent to the editor on or before July 10th.

The Contributors' Club.

Guelph, Ont., April 6th, 1906.

A Word to the Wise—

I wish to thank the nurse from Manitoba for her Article, "A Word to the Wise." That is the spirit that has long been needed in the nursing profession: large views of life rising to the nobleness of the profession above narrow self, and so living the Golden Rule.

An Old Graduate.

A Novel Occurrence—

Did any nurse ever see hair grow on the body of a patient, who had been ill for a long time? A lady was wounded, and after being a patient for five months, what had been a smooth skin, was covered with hair distressingly long and dark. The patient had had a daily soap and water bath, followed by an alcohol rub. Sometimes this was twice a day, and sometimes in hot weather there was much plain water bathing.

Eucaine—

An elderly lady had violent pains and vomiting for ten days, and was at last induced to come to the hospital. She was quite feeble and worn, and she had a strangulated hernia. She was immediately prepared for operation. The doctors decided not to give chloroform but to use eucaine. She was in the operating room about two hours. The first thing that the doctors found was a dark, enlarged appendix, which they removed, and then reduced the hernia. The temperature afterwards once rose to 99 2/5, the pulse was weak, though not too rapid. The patient was given stimulating enemata of saline, whiskey and bovinine every six hours, and then every eight hours for nearly a week. After two days she began to take nourishment by mouth. In three weeks she went home well, but was warned to keep quiet for a while.

Are nurses throughout the provinces accustomed to seeing eucaine used? Some doctors use it always for hernia and other operations where a local anæsthetic will answer. The patient is on the table much longer, but has not the nausea or other ill-effects following the use of a general anæsthetics. If the patient is in the hospital a few days before the operation, in addition to the usual preparation he is given pot. brom. gr. xv; repeated in the morning two hours before the operation, and one half hour before the operation a hypodermic of morph. sulph. gr. 1/6. Instead of a doctor to administer the chloroform there is a nurse to attend the patient, and to erect a sterile towel screen between the patient and the field of operation. As a rule the patients bear it well. It has been used on men over eighty for strangulated hernia and they have always done well.

WHAT IS THE SOLUTION?

Will some one give information regarding the system carried out by the Toronto Registry as to the payments for nursing cases, where full fees cannot be charged? There are quite a number of patients, who are unable to pay the regular charge, but who prefer to be nursed in their own homes instead of going to the hospital, and could afford a graduate nurse providing the charges were moderate. I am speaking of the West, where there are so many young couples and small families starting in life, where the charge of $18 a week is a terrible drawback, and yet where the patient could pay a smaller amount and not feel under a charity obligation. Of course, I know many of the nurses charge $18 for the first week and give their services free for say two weeks more, but that again places the patient in the "pauper class." Then, there some nurses who take a note of hand with interest for the full amount, and it takes years to pay it. Surely there must be some solution to the problem of the wage-earning class to employ graduate nurses and satisfy both sides. If there is not would it not be better for the graduates to study this class of patient and solve the problem of the employment of "untrained or experienced nurses, because their charges are lower?"

Correspondence.

To the Editor CANADIAN NURSE.

THE Ontario Graduate Nurses Association meeting for this year is a thing of the past, and might an humble member of the ranks be permitted to offer a few suggestions?

Are we not big enough now to have a morning and afternoon session? Let the morning session be devoted to purely business matters and the nomination and election of officers; while the afternoon could be given over to some interesting papers by nurses of experience and ability. Some will say, "Nurses are busy women and cannot afford a whole day. Well, nurses residing in the city and engaged in private nursing could possibly spare a few hours in the morning as easily as in the afternoon whilst Superintendents of hospitals and training schools are usually able to be absent for a day. The outside members, (and they are by no means few) have of necessity to make a day of it, and coming, some of them, from a distance and at considerable expense would like to carry home with them new ideas gleaned from those who are in positions where they can see all that is latest and best in modern nursing methods.

To my mind, and I will venture to say many more agreed with me, the last nominations and elections being carried on concurrently with the programme spoiled the meeting to a great extent. The old saying anent "not being able to do two things at once" still holds good, consequently both the election and programme were lacking in interest to many, who while not gifted with great executive power, are still more than willing to do the little that comes to their share heartily.

We want to go home from the meetings inspired to new courage and higher ideals from contact with the master minds of our Association. And for our meetings to accomplish this, much more than business routine is necessary, important though it undoubtedly is. We know much has been done—much more is doing, and much still remains to be done by the brave pioneers of Provincial Registration. It is the question of the hour, but we must take care to keep the nurse who comes to our meetings interested in more things than that, or surely there will be a falling off in our ranks. After all, registration is to benefit the great rank and file of nurses. At present some of them do not altogether understand what is to be brought about by it, and until they do it is necessary that the women who are foremost in the

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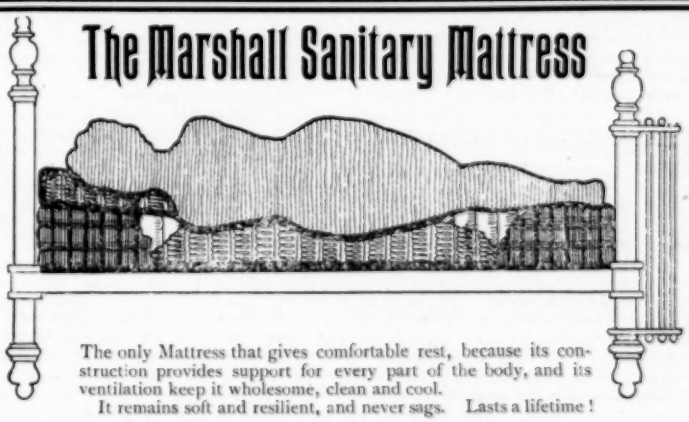

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movement for Government recognition shall keep them interested in the nursing questions of the day. These nurses identify themselves with our associations, hoping thereby to gain much knowledge along professional lines, from those who are abundantly able to give it, and it seems a pity where so many intellectual women are gathered together more effort is not put forth to benefit the individual nurse. Of course our Association is new yet, and we will I hope progress rapidly, but we must make our meetings both interesting and instructive to the profession at large if we are going to look for a continuance of interest.

A MEMBER, O.G.N.A.

To the Editor CANADIAN NURSE.

THE nurses of Michigan extend a cordial invitation to all graduate nurses to attend the ninth annual convention of the "Nurses' Associated Alumnæ of the United States," which is to be held in Detroit, Michigan, June 5th, 6th and 7th, 1906. The programme is of unusual interest, and the meetings have always been an inspiration to those who have attended them. It is hoped that the attendance will be the largest in the history of the organization. The cause of State registration in Michigan would be greatly helped by the show of enthusiasm on the part of graduate nurses.

Information as to trains, hotels, etc., may be obtained from the chairman of arrangements committee, Mrs. L. E. Gretter, Harper Hospital, Detroit, Mich.

ROSE SMITH,
Sec. Wayne County Graduate Nurses' Association.

924 Brush Street, Detroit.

To the Editor CANADIAN NURSE.

I CANNOT renew my subscription to the CANADIAN NURSE without sending you a word of appreciation. I quite welcome the magazine now that I am so far from home and work, and I must congratulate you on the success you have achieved. I am enjoying my year of rest after fifteen years in the "ranks;" and much I could tell you of some of the beauties of this wonderful country. Just now I am revelling in the wild flowers; the brilliant yellow poppy is everywhere. I expect to be in Manitoba after June for three months, so am sending you that address.

Ever yours sincerely,

California. A MONTREAL NURSE.

To the Editor CANADIAN NURSE.

TO NURSES accustomed to the settled life of an eastern city, nursing in the West offers many opportunities of seeing life under the most varied conditions.

In a western city the population is always restless, constantly on the move, living some months in one part of the city, some months perhaps further west, north or south and then returning again to a different part of the same city, so that a nurse does not often have the "pleasure" of nursing an old patient.

Then the nurses themselves have the spirit of restlessness upon them, and some months of steady work will make them long for a change, so off they go to the coast or California, nurse there for six months or so and then return, so that a patient rarely has the "pleasure" of having the same nurse twice. This restless mood is the "Spirit of the West." Nature is never still on the prairies, there is always a wind, gentle, medium, or streng; and a perfectly calm, still day is an "unknown quantity." Added to this the superabundance of unadulterated ozone makes the western life one of hustle and bustle."

So we have a constant change of faces in the nursing world and it becomes difficult to keep in touch with the ever-changing personnel of the Association. Winnipeg being such a cosmopolitan city we have nurses from nearly all parts of America and the Old World, as well as our own country, and it speaks well for the "spirit" of the profession, that there is but little friction as to the merits of the various training schools. A nurse finds her education only begins when she comes West; what she learns in a large eastern or Old Country hospital doesn't half cover the ground and to be successful she must drop a number of ideas and take up ones that seem totally "untrained." For instance, the help problem is a "crying evil" in the West, and one thing never fails, that when sickness enters the home, the servant promptly leaves. There have been cases where sickness has come suddenly in the early part of the day and the servant has left, "bag and baggage" before the nurse could arrive. Other cases also occur, where the servant engaged to go to a home, suspecting the mistress of becoming a mother soon, will simply never even let the mistress know that she doesn't intend to fill her engagement. These cases make the nurse see the varied conditions of work, and she has to be always on the alert for such emergencies. Consequently a nurse must be a capable housekeeper, cook, companion, dishwasher, a general "factotum;" also giving the requisite amount of

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TORONTO, CANADA

attention her patient demands, besides keeping an eye on any children there may be and s eing they get off to school and are behaving properly.

All this seems a tremendous amount of work not called for by the "nursing code" but it *has* to be done in the West for the majority of patients are not in a position to keep more than one maid of all work and often ot that, and *true woman cannot and will not* see a "home" suffer for lack of a few extra hour ' work. When a nurse goes out of the city on a case, she finds still another kind of life. There are no co veniences in the farm hous s, as a rule, and if it s in the winter time she has to melt ice for water and will often have to do the necessary washing to keep things going until the farmer can get help, but I must say the western farmer is as good as a woman in the house and can keep house, cook meals, and do a hundred things that would be like "Greek" to an easterner.

The district nurses in Winnipeg have chiefly the foreign element to deal with and the clashing of new ideas is marvellous, and requires infinite tact and patience on the part of the nurse to make her foreign patient realize that sh is working for her good. One example will show the mediæval ideas of the emigrant. A Galician, very bad typhoid case, who had several cold sponges, before she could prevent it, simply fought against even her face being washed at the nurse's third visit and as the excitement was making her delirious the nurse man ged to get another Galician who could understand a little English to explain to the typhoid patient the necessity of the sponges or anyway of having her face washed, and was routed by this answer, "You no good "washwoman," wash too often, take away body by wash too much. We no wash till spring." The idea, of course, being that the washing weakened the patient and anyway *they* NEVER *do w sh in winter and rarely* at other times of the year. But withal, they are always extremely grateful for anything done to ease their suffering.

As a rule they rarely have a physician unless near death's door, as they have perfect faith in their "old women," who stand to the community as the "medicine man" does to the Indian. Indeed there is much in common with regard to "healing" between the foreign emigrant in this country and the "Red man."

As Winnipeg is the centre of the business world of the West so it is the centre of the western nursing world, and the nurses are looking towards the Ontario graduates successfully passing their Registration Bill this session, in order to have a model for future reference.

A WINNIPEG NURSE.

To the Editor CANADIAN NURSE.

DEAR MADAM,—The charge is often made that in our Alumnæ Associations a few nurses "run things" and it may be that in the Ontario Association the Toronto nurses are blamed for the same offence. If the charge be true in either case, I am sure it is not because the nurses in either association wish to do this, as nothing would please them better than to have each member take a personal interest in the welfare of the Association and help in the work.

In the Alumnæ Association I would suggest that each member attend the meetings as frequently as possible, and take part in the discussion as freely as if she were the one most interested in the subject. There will be some feeling of diffidence at first but this will gradually grow less.

In regard to the Ontario Association in order that the nurses from the different parts of the Province may become acquainted, I would suggest that each nurse look upon the CANADIAN NURSE as her special property and send in articles for publication, but a paragraph in length if she so desire, telling about something in her work or experience, and sign her name with the name of her school so that we all may learn to know one another by name at least.

With the best wishes for the good fellowship of the nurses in Ontario and for your part in the same, I remain yours sincerely.

Toronto. LUCY BOWERMAN.

To the Editor CANADIAN NURSE.

DEAR MADAM,—Your letter of March 16th addressed to the matron of this hospital has been handed to me by her, as she has so very little time for correspondence. It is very kind of you to want to hear about our hospital, and I will gladly give you any details that will be of use. The Provincial Royal Jubilee Hospital of Victoria, B.C., was built in memory of the first jubilee of Her late Majesty, and was opened by H.R.H., the Duke of Connaught, in 1889. From that date until now the hospital has grown steadily in reputation and usefulness, although it is not yet complete. A very great deal of surgery is performed there, the operating theatre itself being a memorial to the late J. D. Pemberton. The ground plan of the building is that known as the "Pavilion," there being a central administrative building, whence corridors lead to the three large public and semi-private wards, and the private

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rooms, all on one floor. The hospital stands in nineteen acres of land, a great part of which is beautifully laid out, and planted with flowery shrubs and ornamental trees, while the borders are gay with flowers from early March until December. In the spring the whole place is golden with the flowering broom, and musical with song-birds, including the English sky-lark, but lately imported to this country. The training school for nurses in connection with the hospital gives a course of two and a half years, and a gold medal is given to the highest graduate of the year, smaller medals being granted to all who pass the school. There are twenty-two nurses in regular training in the hospital, with a matron, and two head nurses in charge. It is creditable to the training that our nurses hold good positions all over the continent and are much in request for private nursing both in British Columbia and on the American side, especially in San Francisco. In 1904 the generosity of Lord Strathcona and Mount Royal made it possible to add a new wing to the building for private patients, known as the Strathcona Ward. This addition has been a source of much comfort to the sick, as before its erection the private wards were greatly in the minority, nd patients had to wait long for admission. The hospital is supported by a government and city grant, but as the number of patients treated average one-half free per annum, there are often financial straits to be faced. The women of Victoria, banded together in two societies, viz., "The Woman's Auxiliary," and "The Daughters of Pity," do all in their power to aid, and have, in seven years, raised the sum of $13,000.00, which they have expended on comforts for the patients or funded for some hoped-for addition. At present a children's ward is about to be built by their united efforts, while a fund has been started in aid of a Queen Victoria Memorial Ward for maternity cases, at the Royal Jubilee Hospital, Victoria, B.C., and dedicated very especially to her who was so essentially mother of her people.

Patients come to the hospital from afar, partly because of the fame of some of our surgeons, and partly because of the beautiful climate and environment; and I think a little also, because of the high standard maintained among the staff for care and discipline. I am forwarding to you by this mail a copy of the last Director's Report, together with two reports of our women's work. Excuse this hasty letter, but I see the time is short and we are so very busy. Yours respectfully.

Victoria, B.C. BEATRICE M. HASELL.

Hospital and Training School Department.

IN CHARGE OF MISS HARGRAVE, TORONTO; MISS CRAWFORD, WINNIPEG; AND MISS YOUNG, MONTREAL.

MISS JEAN CALDER has been appointed Head Nurse of the Sarnia General Hospital.

MISS LIVINGSTONE (T.G.H.) succeeds Miss Stewart as Housekeeper of Toronto General Hospital.

MISS MECKLE, graduate P. G. Hospital, Chatham, left for her home in Winnipeg the last of May.

MISS STEWART is now second Assistant Superintendent of the Training School for Nurses, T. G. H.

MISS BRERETON (T.G.H.) has been appointed Superintendent of the General Hospital, Dauphin, Man.

MISS SNIVELY gave a very pleasant At Home on Friday, March 9th, in honor of Mrs. Robb and Miss Palmer.

MISS WARNICA (St. M.H., Port Arthur, Ont.) has taken a position in the McKellar Memorial Hospital, Fort William, Ont.

MISS MYRTLE HODGINS (Woodstock General Hospital) has been appointed Night Supervisor of the General Memorial Hospital, N.Y.

MISS JESSIE STANLEY (St. Michael's Hospital, Toronto) has taken a position on the nursing staff of St. Joseph's Hospital, Port Arthur, Ont.

MISS EVA BOGGS, graduate Toronto Western Hospital, has been appointed office and operating-room nurse in a private hospital, Norfolk, Virginia.

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Glyco-Thymoline as a Mouth Wash in Fever Cases

When the temperature keeps a point or two above normal for a few hours, the membrane of the oral cavity becomes dry and parched, causing great discomfort to the patient. Supplemented with this frequently comes the formation of sordes on the teeth and more or less inflammation along the marginal surface of the gums. The flow of saliva is checked and the sense of taste interfered with. In cases of this kind we may win the gratitude of the patient for all time by urging the frequent use of an alkaline mouth wash of the nature of Glyco-Thymoline. This solution is admirably adapted both by physiological action and therapeutic effect to meet the requirements. The normal flow of saliva is re-established, the further formation of sordes is prevented and the mouth is kept sweet and clean. No one can estimate the amount of comfort derived by the patient under this simple treatment.

Miss M. A. Snively, Superintendent of the Toronto General Hospital, has gone to Europe on an extended trip.

Miss B. Ross, graduate Public General Hospital, Chatham, has accepted a position in one of the Detroit hospitals.

Miss L. Smith, graduate P. G. Hospital, Chatham, is visiting in Detroit before leaving for her home in Regina, N.W.T.

Miss Grace Boyd Nourse, Head Nurse of the Galt General Hospital, spent her holidays at her home in Sherbrooke, Que.

The Jeffrey Hale Hospital, of Quebec City, expect to open a new wing in June, called "The McKenzie Home for Incurables."

Miss McNeil, of Riverdale Hospital, has returned from Fort William, where she has been nursing typhoid fever during the epidemic.

Miss Maud Allison (St. Joseph's Hospital, London, Ont., 1904) is taking a post-graduate course at the Lying-in Hospital, Boston.

Miss A. C. Blakely, who has been visiting in Picton, Ont., has returned to her duties as Superintendent of the Hospital, Yorkton, Sask.

Miss Hastings, Superintendent of the General Hospital, Madison, Wis., is visiting Miss Kennedy, of the P. G. Hospital, Chatham, Ont.

Miss Jean B. Craig, graduate P. G. Hospital, Chatham, who is engaged in private nursing in Winnipeg, is visiting her home in Paisley, Ont.

Miss Matthews and Miss Breeze, Hospital for Sick Children, Toronto, are taking their post-graduate course at Manhattan Dispensary, N.Y.

Miss Verna Scarlett, graduate of Toronto General Hospital, has resigned her position as Night Supervisor of the General Hospital, Brandon, Man.

Miss Tinney, graduate of the Public General Hospital, Chatham, has accepted the position as Head Nurse in the Jamestown Hospital, North Dakota.

Miss C. C. Fraser, class '03, St. Michael's Hospital, Toronto, has been appointed Superintendent of the Midland and Penetanguishene Hospital.

Miss M. Legge, graduate to the Hospital for Sick Children, Toronto ('96) has returned from New York and is visiting her sister in Pentranceville, Ont.

Miss Geraldine FitzGerald has resigned from the Victoria Hospital, London, Ont., and will spend several months at her home in Charlottetown, P.E.I.

The Alumnæ Association of St. Michael's Hospital, Toronto, Training School for Nurses, contributed $32.00 towards the Dr. Wallace Memorial Fund.

Misses Martin and Bruce, graduates of the G. and M. H., St. Catharines, have returned from St. Petersburg, Fla., and will take up private nursing in Ontario.

The nurses' new residence in connection with the Hospital for Sick Children, Toronto, is progressing favorably and is expected to be ready for occupation about August first.

The friends of Miss Clara Ferguson (St. Joseph's Hospital, London, '03) will be pleased to hear that she has recovered from her illness and resumed her duties at Christie Hall, London, Ont.

Miss Grace Bolton (Victoria Public Hospital, Frederickton) has accepted the position of Matron of Carleton County Hospital, in place of Miss Gamble, who resigned, owing to ill health.

Miss Sara Henderson, graduate of the Lady Stanley Institute, has been appointed to the position in the Victoria Hospital, London, Ont., made vacant by Miss FitzGerald's resignation.

Misses Elizabeth Gaunce, Cassie Greer, Bertha McCain, and Jean Balloch have finished their course of training in the V. P. Hospital, Frederickton, N.B., and are engaged in private nursing.

Miss Brent, Superintendent of the Hospital for Sick Children, left for New York about the end of April, to attend the Convention of Superintendents of Training Schools to be held there.

Miss Maud Remond, President of the Collingwood General and Marine Hospital Alumnæ Association, has been very dangerously ill with double pneumonia, but is now convalescing very rapidly.

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The high esteem in which ERGOAPIOL (Smith) is held by all calculating clinicians needs no speculative explanation. It is due to no other cause than that of REASON.

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Miss Mary Robinson, class 1905, who recently underwent an operation in the General and Marine Hospital, Collingwood, has quite recovered, and will soon be able to resume her professional duties.

Miss Tessie Laughlin, graduate of G. and M. H., St. Catharines, was presented with a lot and well furnished house, and a substantial sum of money, by a patient whom she had nursed for two years.

Miss May Hyde has resigned her position of Superintendent of the Dauphin General Hospital. Miss Hyde will visit her home in Ireland until her marriage in August, after which she will reside in Dauphin, Man.

Miss Cunningham, Head and Surgical Nurse, Royal Columbian Hospital, New Wesminster, B.C., has resigned to take a post-graduate course in the General Memorial Hospital, New York City. The vacancy has been filled by Miss Barker.

On account of illness in her family, Miss K. Manson, Night Supervisor of the Hospital for Sick Children, Toronto, was obliged to resign her position. Miss Edythe Green, graduate of the Lady Stanley Institute, Ottawa, has been appointed in her place.

The nurses of the G. and M. Hospital have a booth in the "Made in Canada" Exhibition, which will be held in St. Catharines in June. They hope to represent every training school in Canada by a doll dressed in the uniform of the school. The proceeds will go towards the Building Fund.

Miss Barratt, formerly Night Superintendent at Plaistow Hospital, England, and now District Nurse at Fort Frances, Ont., was recently presented with a sapphire ring by the Brotherhood of Firemen and Locomotive Engineers, in recognition of her kindness to several injured firemen last August.

A most successful At Home was given by the Alumnæ Association of the Toronto Western Hospital, at the residence of Miss Woodland, on March 7th. There were present many members of the Alumnæ besides Drs. Jennie Gray, Helen MacMurchy and Greenaway, and representatives of the different Alumnæ of the city.

The Nurses' Home, Galt Hospital, is to be enlarged, by the addition of another story this summer, thus doubling the accommodation. The old part will be decorated and put into thoroughly good shape. The necessary funds were raised last year by the "Made in Canada" Exhibition, held under the auspices of the Woman's Hospital Aid Society and the Daughters of the Empire.

The Montreal Western General Hospital has made the length of the course in the Training School three years instead of two years as formerly, and added obstetrics to the curriculum. The Superintendent, Miss Rahno Aitken, has arranged that the nurses shall have their training in obstetrics at the Montreal Maternity Hospital, along with the nurses of the Montreal General Hospital and the Royal Victoria.

The Galt Hospital is in receipt of a very valuable gift, which will be highly prized and meet a long-felt want. It is a library, and the donor is Mr. R. Cromarty, of Toronto. Mr. Cromarty, who is an old Galt boy, was a patient in the hospital not long ago, and was so delighted with the institution that he decided to show his appreciation in a practical way. The library consists of several hundred volumes, and more are coming out from England. It is a most valuable collection of books, and Mr. Cromarty is deserving of the heartiest thanks of the townspeople for his splendid generosity.—*Galt Reporter.*

The County of Bruce General Hospital, Walkerton, Ont., which was established in 1903, has accommodation for twenty patients, and the plans are now ready for a new wing which is to be added this spring, and which will increase the capacity considerably. It is a very bright and attractive building, having eight private rooms, and two large wards of six beds each, with sun-rooms adjacent. The operating room is small but well-equipped. The whole hospital is nicely fitted up and improvements and additions are being made from time to time. The Training School consists of four under-graduates and a graduate head nurse, and the first graduating exercises take place in June.

The annual meeting of the Galt Alumnæ Association was held Monday, February 5th, the Association having been organized February 17th, 1905. The number of members has increased during the year to seventeen. The monthly meetings during the year were fairly well attended, considering the difficulty nurses on private duty find in getting out at any fixed time. The constitution of the Association was

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printed and distributed to the members. At a special meeting held in December, a new members' tariff card was drawn out, and the fees raised. The sum of five dollars was contributed towards the support of THE CANADIAN NURSE. Officers for 1906: President, Mrs. J. S. Wardlaw; Vice-President, Miss M. McGregor; Treasurer, Miss E. Landerkin; Secretary, Miss B. Scrimger. After the business meeting was over, all adjourned to a lunch room, where a pleasant time was spent.

THE alterations which have been going on in the east annex of the Toronto General Hospital have been completed, and the wards are being furnished for the reception of cases of neurasthenia. It is not intended to receive insane patients or victims of drugs or alcohol. There is accommodation for fourteen patients. Miss Isabel Moody is the nurse in charge. The annex is under the medical supervision of Dr. D. C. Meyers. A couple of new laboratories have been fitted up in connection with the hospital, the larger one being equipped with apparatus by the Superintendent, Dr. A. H. W. Caulfield, assistant pathologist, who will have supervision of the work. Associated with him will be Dr. Karl Van Norman, with two assistants. The Burnside lying-in department has been fitted up with a nursery and an extra clinic room for private ward patients.

THE Hospital of St. Vincent de Paul, Brockville, Ont., has been greatly benefited by the addition of an up-to-date clinical laboratory, well equipped and furnished. It is now in full working order and has proved itself of inestimable value in the diagnosis of difficult and obscure cases. Here there is provision made for the teaching of urinalysis, sputum examination, etc., to the nursing staff of the hospital. During the past year the Sisters received a course of instruction in massage, consisting of twenty lessons given by Miss G. A. Carson, graduate of Clifton Springs Sanatarian. They were also given twelve lessons in practical cooking by Miss Adelaid Frances Pattee, a graduate of Boston Normal School of Household Arts. Sister Mary Catherine has been placed in charge of the Pharmacal department of St. Vincent de Paul Hospital.

THE Hospital of Gleischon, Alta., is a mission hospital for the Blackfoot Indians, and is built on the reserve, five miles from the railway station and village of Gleischon. The patients are all Indians. The working staff consists of Head Nurse and probationers, housekeeper and helpers, and an Indian woman who does the washing, scrubbing, etc. There is a resident doctor who also has a practice in the village. It is not a training school, and the entire staff (with the exception of the doctor) is paid by the Woman's Auxiliary of Toronto, who also give a small grant for extras, and supply linen, etc., for hospital and house. The Government built the Hospital and Home, and also give a yearly grant for maintenance, food, coal and wood, drugs, furnishings and repairs, and rations of meat and flour, so much per week for each patient. Unfortunately tuberculosis is running riot among the Indians and consequently most of the patients are tuberculous, though the hospital is not supposed to admit any cases of consumption. This class is very hard to treat as they seem to think that the recognized treatment for phthisis is *ill-treatment*. The hospital consists of two wards of four beds, dispensary, bathroom, and square hall ward for waiting-room, with plumbing all through and heated by furnace.

The annual graduating exercises in connection with the General and Marine Hospital, Collingwood, Ont., were held on Tuesday, April 3rd, at 8 p.m., in the large public ward of the new building. Promptly at 8 o'clock the graduating class entered, followed by the pupils in training, and took their places in front of the platform which was prettily decorated for the occasion. Mr. H. T. Telfer, President of the Board of Trustees, presided, calling upon the Rev. Mr. Cameron for the opening prayer, after which Mrs. Morris sang a solo. The Superintendent's report of the Training School was then read by Miss Morton, at the conclusion of which she was presented with a beautiful bunch of dark crimson roses, on behalf of the Alumnæ Association of the school. Dr. Arthur, President of the Medical Staff of the Hospital, gave the address to the graduating class of 1906, and his cheery, helpful, practical advice will not soon be forgotten. Impromptu speeches were made by the mayor of the town, doctors of the staff, clergy of the different churches, and members of the Board of Trustees, interspersed with songs and recitations from some of the talented people of the town who gladly gave of their best for the nurses' evening. The most interesting part of the programme came with the presentation of diplomas and thermometers by Mrs. Bassett, President Women's Board of Management. Mrs. Lett, Hon. President, pinned the medals—her own gift—on the members of the graduating class, while Miss Morton presented to each of the graduates the class pin for 1906. Just at this point two little flower girls, attended by a golden-haired page, presented large bouquets of dark crimson carnations (the school color and flower) tied with ribbon of same shade, to each member of the

LINENS FOR THE SICK-ROOM

Simpson's as a supply depot for Sheets, Pillow Cases, Dress Linens, English Cambrics, etc.

THE Linen and Staples Department of this store will particularly interest professional nurses. So often they find the homes of their patients imperfectly supplied with the bed-linen necessary to the proper care and comfort of the sick. In such cases it is well to know that this store is well equipped to supply all that is needful, economically and well. We occupy a very high place in the opinions of the housekeepers on this very account, and nurses have only to make themselves acquainted with the department to prove how well that opinion is deserved.

We give you a few quotations on goods such as have made this department famous.

Hemmed Torn-off Sheets made from selected cottons, full bleached, 2-inch top hem, 1-inch bottom hem. Plain weave 63x90 in., per pair, 98c, $1.15, $1.35; 72x90 in., per pair, $1.10, $1.25, $1.35, $1.50; 80x90 in., per pair, $1.25, $1.40, $1.60. Twill—63x90 in., per pair, $1.20, $1.35; 72x90 in., per pair, $1.15, $1.35, $1.50; 80x90 in., per pair, $1.45, $1.60, $1.75.

Hemmed Pillow Cases made from good cottons, torn-off 2-inch hem, laundried ready for use. 40x36 in., per pair, 25c, 30c, 35c, 40c; 42x36 in., per pair, 33c, 40c, 45c, 50c; 44x36 in., per pair, 35c, 40c, 45c, 50c.

Hemstitched Sheets. Fine American spoke hemstitched sheets, good heavy weight, torn ends, plain weave. 72x90 in., per pair, $1.90, $2.10; 81x90 in., per pair, $2.10, $2.25.

Pillow Cases. English and American spoke, hemstitched, superior quality. 32x36 in., per pair, 45c, 50c, 60c, 70c; 45x36 in., per pair, 50c, 55c, 60c, 75c.

Bleached Sheetings, pure soft finish, best English and Canadian makes, full bleached. Plain—7/4 or 63 in., per yd., 20c, 22c, 25c; 8/4 or 72 in., per yd., 21c, 24c, 26c, 28c; 9/4 or 80 in., per yd., 24c, 27c, 30c, 32c. Twill—7/4 or 63 in., per yd., 23c, 26c; 8/4 or 72 in., per yd., 22c, 25c, 28c, 30c; 9/4 or 80 in., per yd., 28c, 30c, 33c.

Pillow Cottons made by best English and Canadian makers, pure finish, selected yarns. Plain—40 in., per yd., 12½c, 14c, 16c, 18c; 42 in., per yd., 14c, 15c, 18c; 45 in., per yd., 15c, 16c, 20c. Circular—40 in., per yd., 15c, 16c, 20c, 25c; 42 in., per yd., 16c, 17c, 21c, 26c; 44 in., 17c, 18c, 22c, 27c.

White Dress Linens. We have gotten together the finest stock of white dress linens ever shown in Toronto. No pains or money has been spared to make this a season to excell. Fine and coarse weaves all widths and makes are included in our display from Ireland, Scotland, Belgium and all the leading linen centres, at prices as follows: 36 in., per yd., 25c, 30c, 35c, 40c, 45c, 50c, 60c; 40 in., per yd., 45c, 50c, 60c 65c, 75c; 45 in., per yd., 45c, 50c, 60c, 65c, 75c; 72 in., per yd., 75c, 90c, $1.00, $1.25.

English and Scotch Zephyrs and Oxfords. We have found a demand for certain patterns for nurses' costumes, etc., and we have prepared for that demand. We have been told that nowhere else is such a range of really beautiful goods at such prices being shown. They include light, medium and dark colorings in stripes of different widths, finest finish and absolutely fast colors, per yard, 10c, 12½c, 15c, 18c, 20c, 25c.

Single White Quilts. English, American and Canadian makes, pure finish, firm weave, good designs, medium and heavy weight, pearl or hemmed ends, 10/4 or single bed sizes at, each, 75c, $1.00, $1.25, $1.50, $1.75. (We can supply these in quantities.)

English Cambrics for fine underwear, or any use for which fine, pure-finished cambrics are used. We are showing three special lines made from selected yarns, finest finish, 36 in. wide, round even thread, at, per yard, 8½c, 10c, 12½c.

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TORONTO

graduating class. These flowers were the gifts of the Medical Staff of the Hospital. After singing the National Anthem, refreshments were served by the old graduates of the school assisted by the pupil nurses. The graduating class consisted of Misses Ella Baker, Batteau ; Phœbe Jane Cottrill, Collingwood ; Mrs. Mary Isabel McBride, Collingwood.

ST. JOSEPH'S HOSPITAL, Port Arthur, Ont., was built in 1885 In 1884 Port Arthur was but a small town connected with the east only by water, when the eastern division of the C.P.R. was commenced. This was when the need of a hospital was first felt here, and the people of the town asked the Sisters of St. Joseph to help them in doing something for the sick and the injured. Early the following year, the present hospital, then but a small two storey building was opened. The patients numbered seventeen and the town was proud of its humble hospital. Many interesting accounts are given of the work done under great difficulty in those days, by Drs. Beck, Smellie, and McDonald, assisted by the Sisters, of whom there were but few. In 1898 it became necessary to build an addition to the hospital, and another wing was added, containing a very bright well-equipped operating-room, with tiled floor. In a few years the hospital was again over-crowded, as the town was growing very rapidly. In 1904 a large addition was started, and finished early in 1905, which gave the present building. The hospital is beautifully situated on one of the many hills of the picturesque town. It commands a fine view of Lake Superior, the neighboring town of Fort William, the Indian Mission, Mount McKay and the famous Sleeping Giant. The hospital is directly in charge of the Sisters of St. Joseph. The nursing is done by the Sisters, three graduate nurses and the nurses in training. The training school is in its second year. The course of training takes in all general hospital work, including a great deal of emergency work, and the time is, as in most other hospitals, a three years' course.

THE Chipman Memorial Hospital was opened in February, 1902. It was a gift of the heirs of the late Zachariah Chipman to the county of Charlotte, N.B., as a memorial to their father and mother. It was the old Chipman homestead and is situated on the bank of the St. Croix river, and is one of the most beautiful places in the town of St. Stephen. When first opened it contained twenty beds, but before it had been in operation two years it was found to be too small for the needs of the community. About this time Owen Jones, of London, England, a son-in-law of the late Mr. and Mrs. Chipman, died, leaving two thousand pounds to the hospital. This bequest came at a most opportune time and enabled the trustees to erect a much-needed Nurses' Home, and a wing containing two light airy public wards, the women's ward on the second floor, and the men's on the ground floor. These wards, as well as the Nurses' Home, are known as the Florence Jones Memorial. In addition to these improvements they have provided a new operating-room, which will be, when complete, one of the best lighted operating-rooms in the country. There are also additional private rooms which have been furnished by some of our generous citizens. One room has been furnished by Mrs. Blair and her two sons, in memory of her late husband, Dr. Dougald Blair. Another room, known as the St. Croix room was furnished by funds raised by the people of the St. Croix Valley, at a social entertainment, got up by Mrs. Leed. Another room was furnished by Mr. and Mrs. Philip Breen and another by Mr. and Mrs. Frederick M. Murchie. These, with a room furnished by Mr. E. G. Russell, of St. George, when the hospital was first instituted, make five beautifully furnished rooms for private patients. The furniture for the operating-room has been donated by Henry B. Eaton, Esq., of Calais, Me., and the entire equipment for a laboratory is being supplied anonymously by a St. Stephen's man who is interested in the good work. In the training school connected with the hospital there are at present seven student nurses. This branch will have to be enlarged in the near future, as the present staff is hardly sufficient for the growing needs of the hospital.

MARRIAGES.

WILKINSON—PEARCE—On April 11th, 1906, at the bride's home in Mitchell, Miss Jean Pearce, graduate of Riverdale Hospital, Class '05, to Mr. Christopher Wilkinson, of Toronto.

HUTTON—SANFORD—On April 18th, 1906, at Tottenham, Ont., Miss Alberta Sanford, graduate of Riverdale Hospital, Class '02, to Dr. Herbert Hutton, of Port Colborne. Dr. and Mrs. Hutton will reside in Port Colborne.

BALLANTYNE—RITCHIE—On April 18th, 1906, by the Rev. John Hay, Renfrew, Ont., Miss Elizabeth C. Ritchie, graduate of the Lady Stanley Institute, Ottawa, Class '01, to Dr. C. T. Ballantyne, Ottawa.

SANSON—CLARKE—On March 23rd, Miss Stella Clarke, a graduate of the Victoria Public Hospital, Fredericton, N.B., was married to Mr. F. Sanson, of Stanley, N.B. Mr. and Mrs. Sanson will reside in Stanley.

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STRACHAN—GLADSTONE—On February 20th, Miss Sadie Gladstone, a graduate of the Toronto General Hospital, was married to Mr. Robert Strachan, of Fort William, Ont. Mr. and Mrs. Strachan will reside in Fort William.

DIXON—OLIVER—On March 7th, at the residence of Mrs. Frank Cochrane, Toronto, Miss Alice M. Oliver, graduate of the Lady Stanley Institute, Ottawa, was married to Dr. Mortimer L. Dixon, of Frankville, Ont.

GOW—DALY—On February 13th, at Old St. Andrew's Church, by the Rev. Dr. Milligan, Mrs. Edith Frances Daly, graduate Toronto General Hospital, was married to Dr. James Gow.

DEATHS.

AT the Toronto General Hospital, on April 4th, 1906, Libbie Reid, graduate of the Hospital for Sick Children, Toronto.

WINNIPEG NEWS.

THE Nurses' Registry at the Nurses' Home, Langside Street, is now self-supporting.

NURSE BOWMAN, who went to Fort William during the typhoid epidemic, has not yet returned.

STAFF-SERGEANT KERR (Salvation Army) has arrived to take charge of the Nursing Department of Grace Hospital.

NURSE GILROY has gone to Victoria, B.C., for a short visit. Her brother was one of the earthquake sufferers in San Francisco.

MISS SARA MCKIBBEN (W.G.H.) has bought out Miss Reid's interest in The Nurses' Home, Langside Street, and took possession April 1st.

MISS REID (Boston General), with her mother, left Winnipeg to reside in Southern California, as they both found our Manitoba winter too severe.

THE graduating exercises of the Winnipeg General Hospital will be held on the 22nd May. This year there will be twenty-two nurses in the graduating class.

THE Alumnæ Association of the Winnipeg General Hospital will give a reception to the Graduating Class at the Nurses' Home, Langside Street, on Monday evening, May 7th.

QUITE a number of our nurses had relatives and friends in and around San Francisco; all have been heard from, but in most cases the homes have been demolished, and the world has to be faced anew.

THE new Salvation Army Hospital and Rescue Home is to be formally opened on May 15th, and will be called "Grace Hospital." It will have sixteen beds to start with, and room enough to make sixty beds as the work grows.

DURING the severe epidemic of typhoid fever in Fort William, Ont., about thirty-five of our nurses were sent from Winnipeg. Of the number only one took typhoid, Miss Wightman, but from the latest accounts she is fairly on the road to recovery.

MISS MACCULLOUGH, the Victorian Order Nurse who has been in Winnipeg since January, has been kept so busy that it has been decided to send another Victorian Order Nurse as her assistant, as soon as the necessary funds can be arranged, which we hope will be this month.

THE second annual meeting of the Alumnæ of the Winnipeg General Hospital was held on May 2nd. The reports showed the Association in a very flourishing condition. The following were elected officers for the ensuing year: President, Miss Lumsden; Vice-President, Miss McKibben; Secretary, Mrs. White.

MISS HYDE, late Superintendent of Dauphin Hospital, spent a few days in Winnipeg on her way home to Ireland, as the guest of Miss A. M. Crawford. Miss Hyde also undertook the charge of a Galician boy, who had lost the sight of both eyes by a shooting accident, and was being sent by the Government to the Blind Asylum at Brantford.

THE first annual meeting of the Manitoba Association of Graduate Nurses was held the last Tuesday of March. There was a very large attendance and an enthusiastic meeting. The following officers were elected: Hon. Presidents, Miss Wilson, Superintendent of Winnipeg General; also Rev. Sister Superior of St. Bonifacc

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General; President, Miss Sara McKibben; 1st Vice-President, Mrs. White; Treasurer, Miss Starr; Secretary, Miss A. M. Crawford. There was also a Committee on Legislation formed to draft a bill for registration, and to thoroughly take up the matter. The Secretary of the Association has had numerous enquiries from all over the North-West regarding registration, and asking if the Bill cannot be made general. For the information of these Provinces which have no Bill, the Secretary wishes it to be generally known that on account of the British North America Act regarding educational matters, one Bill will not do for all, hence there can be no "Dominion Registration Bill," but each Province must frame and enact its own Bill.

THE Auxiliary of the Margaret Scott Nursing Mission, gave an At Home to its friends and the public interested, on April 26th. The Home is pleasantly situated on George Street, and is the headquarters for the District Nurses, who are paid by the city. It is called after Mrs. Scott, who first started missionary work amongst the poor of the city, and Mrs. Scott still makes her home there. At the present time there are four "city" nurses.

DURING the early part of April Winnipeg suffered from a street car strike which, for a week, tied up the service, and was decidedly inconvenient for the District Nurses and the Victorian Order Nurse. The only satisfaction they got out of it was the fact that the men cheered them and encouraged them "to walk," which was really hard work, as Winnipeg covers an immense area.

MONTREAL NEWS.

MISS DUNCAN (M.G.H.) has gone to Johns Hopkins Hospital for a post graduate course.

MISS POMEROY, graduate Royal Victoria Hospital, has taken up Victorian Order work.

MISS FORTESCUE (M.G.H.) has gone to Quebec to take charge of the Detention Hospital for six months.

MISS MAUD BROCK (M.G.H.), who has been doing private nursing in Mexico, has returned to Montreal.

MISS PARKER (M.G.H.), who has been ill with typhoid fever, has recovered sufficiently to return to her work.

MISS KATIE BROCK (M.G.H.) has accepted the position of Night Superintendent of the Polyclinic Hospital, Philadelphia.

MISS MOLONY, Lady Superin'endent Jeffrey Hale Hospital, Quebec, was in New York for the Superintendents' meeting.

MISS LEDFORD (M.G.H.) was in New York for the meeting of the American Society of Superintendents of Training Schools.

A VERY enjoyable dinner was given on April 19th by the Alumnæ Association of the Royal Victoria Hospital, in honor of the graduati g class of 1906. The guests, who numbered forty-five, were receieved by Miss Henderson, Hon. President, Miss Gilmour, President, and the members of the committee in the Lady Superintendent's reception room before proceeding to the dining-room, which was decorated effectively. The table was artistically arranged with red and white carnations, smilax and lighted candles, with pink shades. An orchestra was in attendance. The President, in a charming little speech, welcomed the guests, and proposed the toast to "The King," also toasting the health of the nurses who were ill and unable to attend. Other toasts were: "The Governor," "Our Guests," "Our Superintendent," "The Doctors," "Absent Friends," which were suitably responded to. Then followed an impromptu dance, and the evening was closed by singing "Auld Lang Syne," and "God Save the King."

THE graduating exercises of the Royal Victoria Hospital Training School for Nurses, took place April 23rd, 1906. Sir George Drummond was in the chair, and Lady Drummond, after a delightful address, much appreciated by the nurses, presented diplomas and badges to the following graduates: Myra Inkster, Winnipeg; Lysbeth Castor, Boston Mill, Ont.; M. MacIntyre, Charlottetown, P.E.I.; M. Berney, London, Ont; Maud MacLeod, Charlottetown, P.E.I.; Mary Walsh, Halifax; K. Loper, Ottawa; A. Archer, Campbellford, Ont.; M. Langford, Westmount, Que.; E. Queton, Cobourg; M. F. Whelan, Montreal; E. Legge, Oak Ridges, Ont.; C. Howes, Harriston, Ont.; G. Huff, Rossmore, Ont.; E. Campbell, Hawkesburg,

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C.B.; I. Wishart, Toronto; E. Mackay, Woodstock, Ont.; M. Orr, Montreal. Dr. Charles F. Martin addressed the nurses, and gave them much helpful advice. A large number of the nurses' friends were present, and were invited by the governors of the hospital to a reception, where refreshments were served.

THE M.G.H. Graduate Nurses' Club held their annual meeting on April 4th. The officers were elected as follows: Hon. President, Miss Livingston; President, Miss Strum; 1st Vice-President, Miss F. M. Shaw; 2nd Vice-President, Miss Andrews; Secretary, Miss Ledford; Treasurer, Miss Webster. Committee—the Misses C. McKay, Morton, Van Buskirk, Kennedy, Cooper, Young, Parker, and Margaret Smith.

THE monthly meeting of the M. G. H. Nurses' Club was held on Wednesday, March 7th, in the diet kitchen of the General Hospital, and Miss Grace Livingstone gave a very interesting and instructive demonstration on a "Full Diet Tray." This consisted of "Oyster Cocktail," "Pan-Broiled Chop," "French Peas in Potato Nest," "Ice Cream." Some of the recipes may be of use to private nurses.

Vanilla Ice Cream.—A small quantity made without a freezer in half an hour. One cup thin cream, ½ teaspoonful of syrup or 2 lbs. sugar; ½ teaspoonful vanilla. Mix ingredients and freeze in baking powder tin packed in ice or salt (in a deep dish or saucepan), 3 parts of ice to 1 of salt. Turn the small tin with hand until the mixture commences to freeze, then scrape frozen portion from sides of tin and beat with a spoon. Continue until mixture is frozen. Great care should be taken to prevent the salt from getting into the ice cream.

Oyster Cocktail.—Tomato catsup, 3 tablespoonsful; Worcestershire sauce, 1 teaspoonful; salt; tobasco pepper; lemon juice, two teaspoonsful; small oysters, 8. Wash oysters and remove gills; chill; place in glass or lemon shell; cover with sauce which has been made very cold; garnish with curled celery, and serve.

Pan-broiled French Chop.—Place chop, neatly trimmed, and bone well scraped, in a very hot frying-pan. Turn constantly, allowing six minutes if it is to be underdone, eight if well done. Use a knife to turn the meat, as a fork would pierce the chop, and allow the juices to escape. Place chop in a hot dish, cover with soft butter, season, and let stand in oven one minute.

MARRIED.

GILLIES—LECKIE—In Montreal, on April 16th, 1906, Miss M. A. G. Leckie (R.V.H., Class 1900), to Dr. B. D. W. Gillies, late of the Montreal General Hospital house staff.

THERE are many more shining qualities in the mind of man, but there none more useful than discretion; it is this, indeed, which gives a value to all the rest, which sets them at work in their proper times and places, and turns them to the advantage of the person who is possessed of them. Without it learning is pedantry and wit impertinence; virtue itself looks like weakness; the best parts only qualify a man to be more sprightly in his errors, and active to his own prejudice,—*Addison.*

GOSSIP can do an immense amount of harm; it can do no possible good. Grumbling is a little different from gossip, inasmuch as it does the person who grumbles more harm than anybody else, though the harm done by no means ends there.—*Eva Lückes.*

LET every man be occupied, and occupied in the highest employment of which his nature is capable, and die with the consciousness that he has done his best.—*Sydney Smith.*

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The Nurse's Library.

The Food Factor in Disease. By FRANCIS HARE, M.D., Inspector-General of Hospitals for Queensland, and formerly Consulting Physician to the Brisbane General Hospital. London, New York, and Bombay: Longmans, Green & Co.

Books which make us think are the most valuable, and this is one. Dr. Hare advances the hypothesis that many neuroses, such as migraine, asthma, etc., and many diseases in which high-blood pressure is an important factor, are "Food Diseases," and may be cured by systematic and regulated diet. The two volumes before us contain an amount of information, and a wealth of reference not often equalled. Some idea of this may be gained from the fact that the index of authorities alone occupies ten pages. This is a book which will well repay careful perusal. Eighty-six illustrative case-histories are appended.

The Operating Room and the Patient. By RUSSELL S. FOWLER, M.D., Surgeon to the German Hospital, Brooklyn. N.Y. Philadelphia and London: W. B. Saunders Company, 1906. Toronto: J. A. Carveth & Co. $2.00.

Dr. Fowler's book, which will fill a vacant place in the Nurses' Library, deals with the operating room and staff, instruments and supplies, anæsthesia, the patient and the treatment. It is intended for internes and nurses, and is practical, complete and clear in every detail. The chapter on supplies is of especial value.

Nursing in the Acute Infectious Fevers. By GEORGE P. PAUL, M.D. Philadelphia and London: W. B. Saunders Company, 1906. Toronto; J. A. Carveth & Co. Price, $1.00 net.

This book is a well-prepared and useful text-book, with good illustrations. It contains a good deal of information on the general principles of nursing and treatment in acute infectious diseases, and also chapters on Poisons, Antitoxins, Bacteria, Antiseptics, etc.

The Physical Examination of Infants and Young Children. By THERON WENDELL KILMER, M.D., Instructor in Pediatrics in the New York Polyclinic Medical School, New York. Illustrated. Eighty-six pages. 75 cents. F. A. Davis Company, Publishers, Philadelphia, Pa. Toronto: J. A Carveth & Co.

This is a useful little book. Its value is enhanced by the illustrations, which teach more satisfactorily than many words. Nurses who are not familiar with the nursing of children are sure to appreciate it, and those who do know about children will probably appreciate it still more.

Visiting Nurse Quarterly Magazine. A new and welcome visitor is this quarterly magazine, which no nurse interested in District Nursing can do without. It is full of interest and information.

The Nurses' Journal of the Pacific Coast always looks so fine, with its great red cross on a gray ground, that we are never surprised at the excellence of the contents, including this time one which they have done us the honor of taking from THE CANADIAN NURSE. Other articles are "My Life During the Boer War," and "Our Debt to Florence Nightingale."

The Australasian Nurses' Journal is one of the best monthly magazines that we see. Its scarlet cover shelters many good things. It is the journal of the Australasian Trained Nurses' Association.

Charities and the Commons is a fine magazine, and the best number we have yet seen is that of April 7th, on "The Visiting Nurse," edited by our friend, Miss Dock. We have put our copy away for reference, and would not part with it for ten times the price.

The Sixteenth Annual Report of the Visiting Nurse Association of Chicago tells of a splendid work well done.

WE have received and read with interest the Annual Report of St. Vincent de Paul Hospital, Brockville.

THE Queen's Nurses' Magazine has now an Hon. Treasurer, Miss Peter, The Nest, Horsham, Sussex. Annual subscription, 1s. 3d.

THE Denver Chemical Co. informs us that the San Francisco drug trade had already placed orders with them before the fire was out. One hundred thousand pounds of antiphlogistine were shipped on order to the Pacific Coast within a week. The emergency hospitals were supplied free of charge.

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